NANCY'S HOBNOBS

Bake @ 170c for 17/18 minutes

Ingredients	Calories	Method
180 g butter 150 g sugar 120g golden syrup 180 g plain flour 1 tsp bicarb of soda OR SR flour (no bic. of soda) 180 g porridge oats Pinch of salt 3 heaped tsp ginger 2 tbsp. milk (if needed)	1320 734 232 662 676 48 20	 Melt butter in pan Add syrup and sugar. Stir Add dry ingredients and stir. Stir in a little milk to bind. Allow to cool so it is easier to handle.
Makes 825g		 Divide into 24 balls of equal weight. Place on greased baking trays. Leave room to spread Flatten slightly Bake at 170C for 17/18 minutes Leave to cool on tray for 10 minutes Loosen with palette knife When quite cold remove from tray Store in air tight container
Total calories of hobnobs	3692	24 cookies @ 154 calories each

Note:

I use half butter and half lard. It is cheaper and produces a better cookie.

You can use ordinary granulated sugar (no need to buy more expensive brown sugar) Golden syrup is available at Aldi for a very good price

I recommend organic oats (from Aldi) as a lot of pesticides are used in non-organic

Optional extras:

- Add 75 g sultanas
- Add 25 g chopped crystallized ginger
- 50 g desiccated coconut